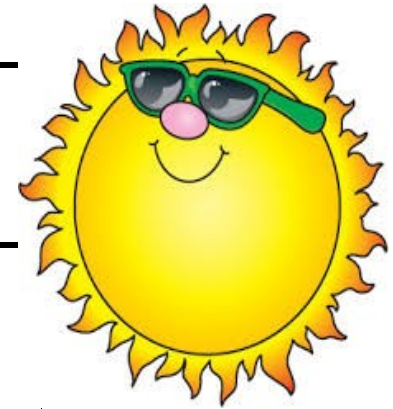




August 2024 Breakfast Menu

Lebanon BCGCS

***Recipes included with menus to show all meal components were served



Mon	Tue	Wed	Thu	Fri
			1 1% Milk **WG trix cereal bar Egg bite Apple	2 1% Milk Sticky buns w/ WG rolls bacon Bananas
5 Raspberries 1% Milk **WG biscuit egg, cheese & bacon sandwich	6 Fruit 1% Milk **Ham, egg & cheese Scramble WW toast	7 Banana 1% Milk **WG blueberry sheet pan pancakes Bacon	8 Strawberries 1% Milk WG french toast sticks w/ syrup Yogurt	9 1% Milk **WW banana toast On peanut butter Yogurt
12 Cereal Fruit 1% Milk **Breakfast burritos on WW tortilla w/ egg & cheese	13 Cereal Blueberries 1% Milk **WG Oatmeal w/ brown sugar & bananas	14 Cereal Fruit 1% Milk **WG Mcgriddle Muffin w/ syrup	15 Cereal Fruit 1% Milk WG waffles Bacon	16 Cereal Fruit 1% Milk WG donuts Egg bites
19 Cereal Fruit 1% Milk **Monte Cristo on WG biscuit	20 Cereal Fruit 1% Milk WG waffle sticks Sausage links	21 Cereal Fruit 1% Milk WW toast Ham & cheese scramble	22 Cereal Fruit 1% Milk WG mini pancake Bacon	23 Cereal Fruit 1% Milk WG French toast sticks Sausage links
26 Closed for Fall Prep	27 Closed for Fall Prep	28 Closed for Fall Prep	29 Closed for Fall Prep	30 Closed for Fall Prep

***This institution is an equal opportunity provider.

***All bread/grains served are whole grain products Or a creditable grain/ one whole grain, whole wheat is served once a day





August 2024 Lunch Menu Lebanon BCGCS



Mon Tue Wed Thu Fri

			1 **Beef Nachos w/ WG chips Salsa & green onions Orange cup 1% Milk	2 Un crustables String cheese Carrots Applesauce 1% Milk
5 ** Orange Chicken W / WG brown rice Salad w/ ranch Fruit cups 1% cups	6 Tony's cheese pizza Mini sweet peppers Apples 1% Milk	7 **Grilled chicken On WW bun Sweet potato fries Kiwi 1% Milk	8 Un crustables String cheese Carrots Applesauce 1% Milk	9 Hotdog w/ cheese On WW bun Pickle spears Grapes 1% Milk
12 **Cheesy chicken over WG rice Salad w/ ranch Cantaloupe 1% Milk	13 **Macaroni & cheese w/ WG elbow pasta Chicken tenders (2) Bushes baked beans Grapes 1% Milk	14 **Cheeseburger On WW bun Sweet potato tater puff Gala Apples 1% Milk	15 Un crustables String cheese Carrots Applesauce 1% Milk	16 WG mini corndogs Tator tots Orange 1% Milk
19 Spaghetti and meat sauce w/WG pasta Green Salad Honeydew 1% White Milk	20 **Chili con carne w/ beans & beef **corn pudding Cantaloupe 1% Milk	21 **Grilled chicken On WW bun Lettuce tomato pik Nectarines 1% Milk	22 Un crustables String cheese Carrots Applesauce 1% Milk	23 **Chicken tenders WG chips Roasted butternut squash w/ brown sugar Fruit cup 1% Milk
26 Closed for Fall prep	27 Closed for Fall prep	28 Closed for Fall prep	29 Closed for Fall prep	30 Closed for Fall prep

*****This institution is an equal opportunity provider.**

*****All bread/grains served are whole grain products Or a creditable grain/ one whole grain, whole wheat**



***Recipes included with menus to show all meal components were served



August 2024 Breakfast Menu

Sweet Home BGCGS



Mon

Tue

Wed

Thu

Fri

			1 Club closed	2 Club closed
5 Club closed	6 1% Milk Bananas Pancakes Sausage links	7 1% Milk Orange cups WG Donuts Egg Bites	8 1% Milk Bananas WG Oatmeal w/ brown sugar & butter Yogurt	9 1% Milk Fruit WG Breakfast pizza
12 1% Milk Pears WW English muffin egg & cheese sandwich	13 1% Milk Apple WG french toast sticks Sausage links	14 1% Milk Strawberries WG waffles Egg scramble	15 1% Milk Fruit WG bagel, egg & cheese sandwich	16 1% Milk Blueberries Wg Biscuit & gravy
19 1% Milk Orange SW Breakfast pizza w/ WW English muffin	20 1% Milk Apple WG french toast sticks Sausage links	21 1% Milk Fruit cup WG bagel, cream cheese & Jam Egg bite	22 1% Milk Bananas WW toast Egg scramble	23 1% Milk Fruit WG Oatmeal Yogurt
26 Closed for Fall prep	27 Closed for Fall prep	28 Closed for Fall prep	29 Closed for Fall prep	30 Closed for Fall prep

*****This institution is an equal opportunity provider.**

*****All bread/grains served are whole grain products Or a creditable grain/ one whole grain, whole wheat**

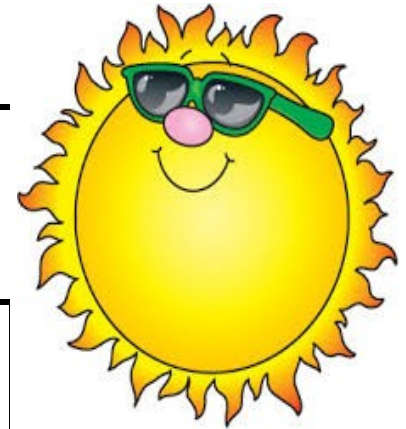


***Recipes included with menus to show all meal components were served



***Recipes included with menus to show all meal components were served

August 2024 Lunch Menu Sweet Home BGC GS



Mon

Tue

Wed

Thu

Fri

			1 Closed	2 Closed
5 Closed	6 WG Corndogs (6) Mini sweet peppers Raspberries 1% Milk	7 Chicken tenders w/ WG rolls Baked Beans Apples 1% Milk	8 Uncrustables String cheese Carrots Applesauce 1% Milk	9 Cheeseburgers On WW bun Tator tots Fruit cups 1% Milk
12 Uncrustables String cheese Carrots Applesauce 1% Milk	13 **BBQ pulled pork on WW bun Black Beans Pineapple tidbits 1% Milk	14 Ham & turkey, American cheese on a WW hoagie Pickles Cherry tomatoes Watermelon 1% Milk	15 **Chili con carne w/ beef & beans & cheese WG rolls Roasted Butternut squash w/ B. sugar & cinnamon Pears 1% Milk	16 Cheeseburgers On WW bun French fries Fruit cups 1% Milk
19 Uncrustables String cheese Carrots Applesauce 1% Milk	20 WG cheese pizza Salad w/ dressing Orange 1% milk	21 **Taco salad w/ WG chips Lettuce, Salsa & nacho cheese Pineapple tidbits 1% Milk	22 **Spaghetti & meat sauce w/ WW pasta Corn on cob honeydew 1% Milk	23 Cheeseburgers On WW bun French fries Fruit cups 1% Milk
26 Closed for Fall prep	27 Closed for Fall prep	28 Closed for Fall prep	29 Closed for Fall prep	30 Closed for Fall prep

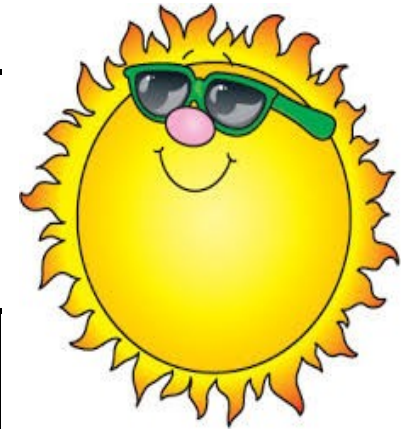
*****This institution is an equal opportunity provider.**

*****All bread/grains served are whole grain products Or a creditable grain/ one whole grain, whole wheat**





2024 Lebanon Snack



Mon

Tue

Wed

Thu

Fri

			1 Popcorn snack mix Yogurt	2 Graham crax S'mores dip
5 Graham crax S'mores dip Cheese stick	6 Frozen S'mores Apple slices	7 Trail mix Yogurt	8 Ham & cheese & WG crackers	9 Scoobie snax Nutella Apple slices
12 WG strawberry Muffin Applesauce	13 Cheese & PB crackers Apples	14 Pretzel bites & cheese	15 Chex mix Nectarine	16 Scoobie snax Chocolate pudding
19 Pretzel bites & cheese Nectarine	20 WG Muffins Yogurt	21 Granola bar Fruit	22 Chocolate chip cookie dough dip Graham crax	23 Fig newton Vanilla pudding
26 Closed for Fall prep	27 Closed for Fall prep	28 Closed for Fall prep	29 Closed for Fall prep	30 Closed for Fall prep

*****This institution is an equal opportunity provider.**

*****All bread/grains served are whole grain products Or a creditable grain/ one whole grain, whole wheat**





2024 Sweet Home Snack



Mon

Tue

Wed

Thu

Fri

			1 Closed	2 Closed
5 Closed	6 Chocolate pudding Scoobie snax Apple slices	7 Pita chips Beet hummus	8 Trail mix bar Cheese stick	9 Scoobie snax Nutella Apple slices
12 Muffins Applesauce	13 Cheese & PB crackers Apples	14 Pretzel bites & cheese Nut mix	15 Granola bar Fruit	16 Trail mix bars yogurt
19 Pretzel bites & cheese Nectarine	20 Cheese & PB crackers Yogurt	21 S'mores bars Fruit	22 WG crackers Cube cheeses Nut mix	23 Fig newton Vanilla pudding
26 Closed for Fall prep	27 Closed for Fall prep	28 Closed for Fall prep	29 Closed for Fall prep	30 Closed for Fall prep

*****This institution is an equal opportunity provider.**

*****All bread/grains served are whole grain products Or a creditable grain/ one whole grain, whole wheat**

