



# 2024 Supper/Lunch Menu Lebanon BGCGS

Mon

Tue

Wed

Thu

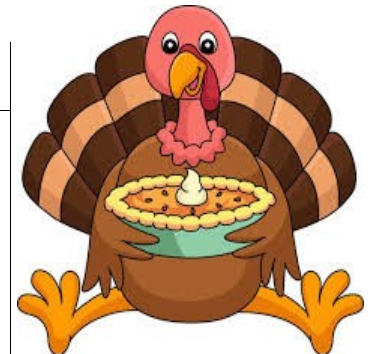
Fri

				<p>1 <i>No School</i></p> <p><i>Uncrustables</i> <i>String cheese</i> <i>Carrots</i> <i>Applesauce</i> <i>1% Milk</i></p>
<p>4 <i>No School</i></p> <p><b>**Beef &amp; cheese Nachos</b> <i>w/ WG chips</i> <i>Lettuce &amp; salsa</i> <i>Pears</i> <i>1% Milk</i></p>	<p>5 <i>No School</i></p> <p><i>All Beef Hotdogs</i> <i>On a WG sub</i> <i>Potato salad</i> <i>Fruit cup</i> <i>1% Milk</i></p>	<p>6</p> <p><i>BBQ Pulled pork</i> <i>On WG roll w/ coleslaw</i> <i>Mashed potatoes &amp; gravy</i> <i>Peach Crisp</i> <i>1% Milk</i></p>	<p>7</p> <p><i>Pizza calzones</i> <i>w/ WG dough</i> <i>Salad w/ ranch</i> <i>Orange</i> <i>1% Milk</i></p>	<p>8</p> <p><i>Uncrustables</i> <i>String cheese</i> <i>Carrots</i> <i>Applesauce</i> <i>1% Milk</i></p>
<p>11</p> <p><i>Veteran's Day</i></p>	<p>12</p> <p><i>Grilled cheese on</i> <i>WW bread</i> <b>**Chicken Chili soup</b> <i>Blueberries</i> <i>1% Milk</i></p>	<p>13</p> <p><i>WG corndogs</i> <b>**Cucumbers salad</b> <i>Gala Apples</i> <i>1% Milk</i></p>	<p>14</p> <p><i>Beef Stew</i> <i>w/ WG roll</i> <i>Nectarines</i> <i>1% Milk</i></p>	<p>15</p> <p><i>Uncrustables</i> <i>String cheese</i> <i>Carrots</i> <i>Applesauce</i> <i>1% Milk</i></p>
<p>18</p> <p><i>Hash brown Casserole</i> <i>W/ a WG roll</i> <i>Creamy fruit salad</i> <i>1% Milk</i></p>	<p>19</p> <p><i>BBQ pulled pork sliders</i> <i>On WG roll w/ Coleslaw</i> <i>Mashed potatoes &amp; gravy</i> <i>Granny smith apples</i> <i>1% Milk</i></p>	<p>20</p> <p><i>Beef Taco Pie</i> <i>Salad w/ ranch</i> <i>Cherry crisp</i> <i>1% Milk</i></p>	<p>21</p> <p><i>Beef Empanadas</i> <i>w/ WG dough</i> <i>Roasted squash mix</i> <i>Oranges</i> <i>1% Milk</i></p>	<p>22</p> <p><i>Uncrustables</i> <i>String cheese</i> <i>Carrots</i> <i>Applesauce</i> <i>1% Milk</i></p>
<p>25</p> <p><i>Ham &amp; cheese</i> <i>Lettuce tomato on WG sub</i> <i>WG chips</i> <i>Orange</i> <i>1% Milk</i></p>	<p>26</p> <p><i>Roasted turkey w/ cran sauce</i> <i>mashed potatoes &amp; gravy</i> <i>Green Beans</i> <i>WG rolls</i> <i>1% Milk</i> <i>Pumkin Pie</i></p>	<p>27</p> <p><i>Club Closed</i></p>	<p>28</p> <p><i>Happy Thanksgiving!</i></p>	<p>29</p> <p><i>Club Closed</i></p>



**\*\*\*This institution is an equal opportunity provider.**

**\*\*\*All bread/grains served are whole grain products Or a creditable grain/ one whole grain, whole wheat is served once a day**



**\*\*Recipes included with menus to show all meal components were served**



# 2024 Supper Menu Sweet Home BGCGS

Mon

Tue

Wed

Thu

Fri

				<p>1</p> <p><i>Cheeseburgers On WW bun French fries Fruit cup 1% Milk</i></p>
<p>4</p> <p><i>Uncrustables String cheese Carrots Applesauce 1% Milk</i></p>	<p>5</p> <p><i>Ham &amp; cheese Lettuce tomato on WG subs Tomato soup Plums 1% Milk</i></p>	<p>6</p> <p><i>Beef Chile con carne &amp; WG roll Cucumber salad Red Delicious apple 1% Milk</i></p>	<p>7</p> <p><i>Pizza calzones w/ WG dough Salad w/ ranch Grapes 1% Milk</i></p>	<p>8</p> <p><i>Cheeseburgers On WW bun French fries Fruit cup 1% Milk</i></p>
<p>11</p> <p><i>Veteran's Day!</i></p>	<p>12</p> <p><i>Grilled cheese on WW bread Tomato soup Blueberries 1% Milk</i></p>	<p>13</p> <p><i>WG corndogs **Cucumbers salad Gala Apples 1% Milk</i></p>	<p>14</p> <p><i>Beef &amp; cheese nachos Salad w ranch Orange 1% Milk</i></p>	<p>15</p> <p><i>Cheeseburgers On WW bun French fries Fruit cup 1% Milk</i></p>
<p>18</p> <p><i>Uncrustables String cheese Carrots Applesauce 1% Milk</i></p>	<p>19</p> <p><i>Chicken tenders w/ WG roll Mashed potatoes &amp; gravy Granny smith apples 1% Milk</i></p>	<p>20</p> <p><i>Ham &amp; cheese Lettuce tomato on WG sub WG chips Orange 1% Milk</i></p>	<p>21</p> <p><i>Pepperoni pizza On WG crusts Salad / ranch Cherry crisp 1% Milk</i></p>	<p>22</p> <p><i>Cheeseburgers On WW bun French fries Fruit cup 1% Milk</i></p>
<p>25</p> <p><i>Uncrustables String cheese Carrots Applesauce 1% Milk</i></p>	<p>26</p> <p><i>Roasted turkey w/ cran sauce mashed potatoes &amp; gravy Apple stuffed acorn squash WG rolls 1% Milk Pumkin Pie</i></p>	<p>27</p> <p><i>Club Closed</i></p>	<p>28</p> <p><i>Happy Thanksgiving!</i></p>	<p>29</p> <p><i>Club Closed</i></p>



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# 2024 Breakfast Menu Lebanon BGC GS

Mon

Tue

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Thu

Fri

				<p>1</p> <p><i>WG French toast</i> <i>Bacon</i> <i>Orange</i> <i>1% Milk</i></p>
<p>4</p> <p><i>WW English Muffin toast</i> <i>w/ butter &amp; Jelly</i> <i>Scrambled eggs</i> <i>Apple</i> <i>1% Milk</i></p>	<p>5</p> <p><i>Strawberry chocolate</i> <i>Overnight Oats</i> <i>Sausage</i> <i>1% Milk</i></p>	<p>6</p>	<p>7</p>	<p>8</p>
<p>11</p>	<p>12</p>	<p>13</p>	<p>14</p>	<p>15</p>
<p>18</p>	<p>19</p>	<p>20</p>	<p>21</p>	<p>22</p>
<p>25</p>	<p>26</p>	<p>27</p>	<p>28</p>	<p>29</p>



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# 2024 Snack Menu Lebanon BGCGS

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Fri

				1 <i>Creamy Strawberry Dream Bars Cheese sticks</i>
4 <i>Chex mix WG Muffins Apples</i>	5 <i>Graham Crax w/ Nutella Apples</i>	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29



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# 2024 Allergies Food Substitutes (G.F, Peanut)



Will have sub milk available if have a medical statement form, substitutions can be Almond, Coconut, lactose-free and goat's milk

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Mon

Tue

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Thu

Fri

				<p><i>1</i> Brk: Gluten free bread french toast Lunch: P.B &amp; Jelly on GF bread &amp; peanut-free butter &amp; jelly sandwich Snack: same as posted</p>
<p><i>4</i> Brk: GF toast w/ butter and jelly / Sunflower butter Lunch: same as lunch menu Snack: Popcorn, Fresh fruit</p>	<p><i>5</i> Brk: Same as Brk menu Lunch: Hotdog on G.F bread Snack: trail mix, cheese stick</p>	<p><i>6</i> Pulled Pork on GF bread w/ coleslaw Mashed potatoes (No gravy) Peach Crisp 1% Milk</p>	<p><i>7</i> Pepperoni Pizza On GF Bun Salad w/ ranch Orange 1% Milk</p>	<p><i>8</i> P.B &amp; Jelly on G.F bread Carrots String cheese Applesauce 1% Milk</p>
<p><i>11</i> Veteran's Day!</p>	<p><i>12</i> Grilled cheese on G.F bread **Chicken Chili soup Blueberries 1% Milk</p>	<p><i>13</i> G.F sandwich (Leftovers) **Cucumbers salad Gala Apples 1% Milk</p>	<p><i>14</i> Beef Stew (GF) w/ GF Bread Nectarines 1% Milk</p>	<p><i>15</i> P.B &amp; Jelly on G.F bread Carrots String cheese Applesauce 1% Milk</p>
<p><i>18</i> Hash brown Casserole (GF) W/ GF Bread Creamy fruit salad 1% Milk</p>	<p><i>19</i> BBQ pulled pork sliders On GF bun w/ Coleslaw Mashed potatoes &amp; gravy Granny smith apples 1% Milk</p>	<p><i>20</i> Beef Taco Pie (GF) Salad w/ ranch Cherry crisp 1% Milk</p>	<p><i>21</i> ( Leftovers/ sandwich ) Roasted squash mix Oranges 1% Milk</p>	<p><i>22</i> P.B &amp; Jelly on G.F bread Carrots String cheese Applesauce 1% Milk</p>
<p><i>25</i> Ham &amp; cheese Lettuce tomato on GF bread WG chips Orange 1% Milk</p>	<p><i>26</i> Roasted turkey w/ cran sauce mashed potatoes &amp; gravy Green Beans Creamy Fruit salad 1% Milk G.F Dessert</p>	<p><i>27</i> Club Closed</p>	<p><i>28</i> Happy Thanksgiving!</p>	<p><i>29</i> Club Closed</p>

\*\*\*Recipes included with menus to show all meal components were served