

DECEMBER

2024 Lunch Menu Lebanon BGCGS



Mon

Tue

Wed

Thu

Fri

<p>2 **Beef Stew w/ WG roll Fruit cups 1% Milk</p>	<p>3 *Turkey & cheese Chili Mac W/ WG pasta Carrots Fruit 1% Milk</p>	<p>4 *Ham, turkey & cheese WG Stromboli Salad w ranch Oranges 1% Milk</p>	<p>5 Cheeseburgers On WG bun Tator tots Fruit cup 1% Milk</p>	<p>6 Uncrustables String cheese Carrots Applesauce 1% Milk</p>
<p>9 *Taco Salad Beef, cheese, lettuce & salsa WG chips Oranges 1% Milk</p>	<p>10 *Creamy Chicken BBQ Wrap on WW tortilla Sweet Mini peppers Grapes 1% Milk</p>	<p>11 *Cheese Pizzas On WG crusts Cucumbers Kiwis 1% Milk</p>	<p>12 *Pork & Beef lasagna Salad w/ WG croutons Pears 1% Milk</p>	<p>13 Uncrustables String cheese Carrots Applesauce 1% Milk</p>
<p>16 Cheeseburgers On WG bun Potato wedge Fruit cup 1% Milk</p>	<p>17 Uncrustables String cheese Carrots Applesauce 1% Milk</p>	<p>18 *Turkey & cheese, lettuce on WG sub *Corn chowder soup Apple 1% Milk</p>	<p>19 Baked Ham *Roasted Potatoes Wg roll *Fruit Salad 1% White Milk</p>	<p>20 *Spaghetti w/ Beef sauce On WG pasta Salad w/ ranch Fruit 1% Milk</p>
<p>23</p>	<p>24</p>	<p>25</p>	<p>26</p>	<p>27</p>

***This institution is an equal opportunity provider.

***All bread/grains served are whole grain products Or a creditable grain/ one whole grain, whole wheat is served once a day

MERRY CHRISTMAS



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***Recipes included with menus to show all meal components were served

DECEMBER

2024 Lunch Menu Allergen Substitutes



Mon

Tue

Wed

Thu

Fri

2 <i>**Beef Stew w/ GF bread</i>	3 <i>*Turkey & cheese Chili Mac W/ GF pasta</i>	4 <i>*Cheese pizza on GF bun</i>	5 <i>Cheeseburgers On GF bun</i>	6 <i>P.B & jelly on GF bread Or Pb & Jelly w/ sun- flower butter</i>
9 <i>*Taco Salad Beef, cheese, lettuce & salsa On Corn chips</i>	10 <i>*Creamy Chicken BBQ Wrap on GF tortilla</i>	11 <i>*Cheese Pizzas On GF Bun</i>	12 <i>Turkey & cheese Chili Mac W/ GF pasta</i>	13 <i>P.B & jelly on GF bread Or Pb & Jelly w/ sun- flower butter</i>
16 <i>Cheeseburgers On GF Bun</i>	17 <i>P.B & jelly on GF bread Or Pb & Jelly w/ sunflower butter</i>	18 <i>*Turkey & cheese, lettuce on GF bread</i>	19 <i>Baked Ham *Roasted Potatoes GF bread</i>	20 <i>* Spaghetti w/ Beef sauce On Gf Pasta</i>
23	24	25	26	27

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DECEMBER

2024 Lunch Menu Sweet Home BGC GS



Mon

Tue

Wed

Thu

Fri

<p>2 <i>Un crustables</i> <i>String cheese</i> <i>Carrots</i> <i>Applesauce</i> <i>1% Milk</i></p>	<p>3 <i>*Chili Con Carde w/ Cheese sauce on WG chips</i> <i>Salad w ranch</i> <i>Green apples</i> <i>1% Milk</i></p>	<p>4 <i>Cheeseburger</i> <i>on WW Bun</i> <i>Tator tots</i> <i>Fruit Cup</i> <i>1% Milk</i></p>	<p>5 <i>Chicken tenders</i> <i>w/ WG rolls</i> <i>Salad w/ ranch</i> <i>Fruit cups</i> <i>1% Milk</i></p>	<p>6 <i>*Vegetable Beef soup</i> <i>w/ WG rolls</i> <i>Pineapple, kiwis, apples</i> <i>mix</i> <i>1% Milk</i></p>
<p>9 <i>Un crustables</i> <i>String cheese</i> <i>Carrots</i> <i>Applesauce</i> <i>1% Milk</i></p>	<p>10 <i>*Creamy chicken BBQ</i> <i>Wrap on WW tortilla</i> <i>Sweet mini peppers</i> <i>Grapes</i> <i>1% Milk</i></p>	<p>11 <i>*Cheese Pizzas</i> <i>On WG crusts</i> <i>Cucumbers</i> <i>Kiwis</i> <i>1% Milk</i></p>	<p>12 <i>*Pork & Beef lasagna</i> <i>Salad w/ WG croutons</i> <i>Pears</i> <i>1% Milk</i></p>	<p>13 <i>Cheeseburger</i> <i>On WW bun</i> <i>French fries</i> <i>Fruit cup</i> <i>1% Milk</i></p>
<p>16 <i>*Spaghetti and meat sauce</i> <i>w/WG pasta</i> <i>Green Salad/ Garlic bread</i> <i>Fruit</i> <i>1% White Milk</i></p>	<p>17 <i>Un crustables</i> <i>String cheese</i> <i>Carrots</i> <i>Applesauce</i> <i>1% Milk</i></p>	<p>18 <i>*Turkey & cheese, lettuce</i> <i>on WG sub</i> <i>Soup</i> <i>Apple</i> <i>1% Milk</i></p>	<p>19 <i>Baked Ham</i> <i>*Roasted Potatoes</i> <i>Wg roll</i> <i>Fruit Salad</i> <i>1% White Milk</i></p>	<p>20 <i>Cheeseburger</i> <i>On WW bun</i> <i>French fries</i> <i>Fruit cup</i> <i>1% Milk</i></p>
<p>23</p>	<p>24</p>	<p>25</p>	<p>26</p>	<p>27</p>

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